



Effects of Internal Control Environment and Monitoring Activities on Financial Performance of Banks in Ghana

Eleazer Fianko Ofei¹, Mark Andoh - Owusu² & Carl-Reindolph Asante³

¹Lecturer AIT Business School, Accra Institute of Technology - Ghana

²Lecturer AIT Business School, Accra Institute of Technology - Ghana

³Lecturer AIT Business School, Accra Institute of Technology - Ghana

ABSTRACT

Internal control environment and monitoring are essential activities necessary in promoting the sound and healthy business performance. In this study, the researchers examine the effect of internal control environment and monitoring activities on the performance of banks in Ghana. The study made use of a sample of 154 respondents selected from 5 banks, the study adopted the quantitative research approach, data collected was analyzed using inferential statistical methods such as correlations and regression analysis. The study found that there was a weak significant correlation between internal control environment and financial performance of banks in Ghana. It was further observed that there was no significant effect of internal control environment on the financial performance of banks in Ghana, whereas there was no significant effect of control environment and control activities on the financial performance of banks in Ghana. The study recommends that the management of banks should strengthen the control environment, by enhancing the policies and procedures adopted by the banks in safeguarding assets and properties, and the need to continuously review the existing control policies, procedures and activities performed to ensure that they have not outlived their usefulness in the wake of changing competitions and advancement in technology and management orientation

Keywords: Internal control systems, internal control, Internal control Environment, Internal Audit, Financial Performance

1. INTRODUCTION

The control environment, as established by most organization's, sets the tone of an institution and affect the control consciousness of its people. Management attitude should be committed to ethical business practices and to following the established control procedures. This is the foundation for all other components of internal control, providing discipline and structure. Control environment factors include: Integrity and ethical values; the commitment to competence; leadership philosophy and operating style; and the way management assigns authority and responsibility, and organizes and develops its people (Thornton, 2004).

COSO (2013) indicated that control environment creates a frame of mind within which internal control systems (ICS) can function at all levels in the institution. The control environment is the one of the five components of the COSO framework and it is composed of the following five principles Integrity and ethical values, Board of director's independency from management and oversight of internal controls, Organization structure, Attracting, develop, and retain quality employees, Management's control philosophy and risk appetitive (COSO, 2013).

According to Ahmed & Ng'anga (2019), internal control environment sets the tone for or basis for carrying out internal control activities across all organizations. Therefore organizations need to develop their internal controls with complete emphasis on the internal control environment ensuring that the right

activities are put in place to ensure the protection of assets and enhancing of the profit potential of these organizations.

Similarly, Ahmed & Ng'anga, (2019) stated that monitoring in organizations is an essential activity that needs close attention if organizations would like to see an increase in the financial performance of their organizations. This implies that weak monitoring activities and processes have the potential of opening up the system for financial malfeasance that are likely to affect the financial stability of the organization. In the study by Ahmed & Ng'anga, (2019) they pointed out that one key aspect of risk assessment in organizations is the ability for management to be able to identify risk and control risk, this is essential as a weak risk control system set the avenue for misappropriation and misuse of funds which affects the financial performance of these institutions.

In managing the financial performance of organizations, these organizations need to adopt an effective and efficient information communication systems to ensure that timely information is generated and reported for necessary action to be taken (Ahmed & Ng'anga, 2019). Organizations need to communicate or report to shareholders of the institution on the nature of activities and performance to create trust and confidence (Ahmed & Ng'anga, 2019).

Financial performance in relation to global macro-financial vulnerabilities remained broadly subdued in spite of a slowdown in global economic growth. In 2019, heightened uncertainties emerging from geopolitical factors including the US-China trade tensions and prolonged Brexit negotiations slowed down economic activities and dampened global economic growth. Improvement in global financing conditions induced by an accommodative monetary policy stance, in most advanced economies, moderated downside risks to global growth and financial stability (BoG, 2019)

Favourable macro-financial developments reduced vulnerabilities stemming from the domestic economy. Domestic output remained strong at 6.5 percent in 2019, while headline inflation continued to decline. In the review period, a balance of payments surplus was also observed as a result of a narrowing of the current account deficit. This is expected to support stability of the local currency the Cedi and lead to improvements in the Gross International Reserves. On credit developments, the Credit-to-GDP gap was below its potential level, indicating that the economy has the capacity to absorb more credit without a significant build-up of risks. The banking sector remained sound and robust to severe stress test scenarios, featuring significant increases in credit impairments, extreme movement in interest and exchange rates, and liquidity pressures. Also risk emanating from cross-border exposures remained contained. The broad level of risk containment in the banking sector was underpinned by strong capital and liquidity positions, placement of offshore funds with stable institutions and improvement in asset quality, earnings and efficiency. Going forward, favourable economic prospects in the near term and the gradual phase in of Basel II/III are expected to firm up gains achieved through the banking sector reforms (BoG, 2019)

The performance of the insurance sector broadly improved in 2019, with the outlook for premium growth, risk retention and insurance penetration remaining positive. Policy reforms and a favourable operational environment improved premium income, assets and capital positions. Despite these improvements, persistent underwriting losses and declining investment yields continued to affect profitability. In the near to medium term, the introduction of the new minimum capital regime is expected to improve efficiencies through consolidation. In addition, insurance penetration is expected to improve on the back of a broad-based introduction of innovative insurance products and comprehensive policy reforms aimed at strengthening the insurance industry. Driven by strong growth in private pension funds, the pensions sector continued to expand in spite of emerging vulnerabilities from weak investment outturns, weakened contribution growth and rising benefit payout. Notwithstanding these vulnerabilities, the pensions sector exhibits a strong potential for growth in the medium to long term as policy measures are targeted at increasing contributions flows and inclusion (BoG, 2019)

In the capital market, the performance of the stock exchange declined in the period under review posing a risk to large equity holders such as the public pension fund. The declining performance reflects the reductions in the size, access, and efficiency dimensions of the stock market. Despite these developments, capital flight remained low as foreign investors increased their presence on the domestic capital market,

partly due to restored banking sector stability and favourable macroeconomic prospects. The financial sector also continued to witness policy reforms aimed at safeguarding financial and macroeconomic stability. The reforms included the resolution of insolvent institutions, increase in minimum capital requirements, enhancement of supervisory regimes, establishment of a regulatory forum for Anti-Money Laundering and Combatting the Financing of Terrorism, establishment of a Financial Stability Advisory Council, and operationalization of the Ghana Deposit Protection Corporation, among others (BoG, 2019)

Problem Statement

Internal control environment and monitoring plays a vital role in ensuring, right activities are done in an organization leading to protection of assets and resources, enhancing the financial performance of institutions. Organizations with weak internal control environment and weak monitoring of activities have experienced dwindling financial performance.

The Banking sector of Ghana is a key sector mandated with the control of the financial sector, by providing needed support for individuals and businesses and providing financial inclusion. The sector has in recent years gone through a lot of challenges, with banks unable to meet up with the minimum capital requirements, leading to the consolidation of some banks and others absorbed by the Ghana commercial banks with others downgraded to savings and loans etc. Aside this, the bank of Ghana had to come to the support of the banks with 10.98 billion Cedis which is equivalent to 2.1 billion dollars, (Bank of Ghana, 2018). This raises concerns on the effectiveness of the control environment and monitoring activities of these banks and also the sustainability of the operations of these banks and calls for stringent measures to be taken to ensure that such drain on the national purse does not pressure. This study examines the relationship between the internal Control Environment and monitoring activities of these banks and the financial performance and seeks to provide a recommendation on the way forward.

Previous studies conducted on internal audit with emphasis on internal control environment such as the study by Ahmed & Ng'anga, (2019) was conducted in the local government which is in a different context other than the banking sector. The study is further limited as it only focused on county government agencies and did not consider all other institutions in Kenya. Also, the study was conducted in Kenya which is an African country but does not fit into the Ghanaian context as the control environments are different in terms of rules, regulations and banking laws.

In other interrelated studies, Kinyua, Gakure, Gekara, & Orwa, (2015) examined the Effect of Internal Control Environment on the Financial Performance of Companies Quoted in the Nairobi Securities Exchange. The study focused on companies listed on the Kenyan stock exchange without specifically considering the banking sector or the Ghanaian context. The study also used stratified random sampling which is a procedure that allows for some level of bias. The study did not consider monitoring activities, which is a variable under consideration in this current study.

Mbilla, Nyeadi, Gbegble, & Ayimpoya, (2020) assessed the Impact of Monitoring, Information and Communication on Banks Performance in Ghana. Although the study was done considering banks in Ghana, their study only considered two of the dimensions which are information and communication and monitoring, although the study considered monitoring, the study failed to consider internal control environment.

From the knowledge and contextual gaps identified in the previous studies, there is a need for further studies in the area of internal control environment and monitoring in the Ghanaian context.

Objectives of the study

The objective of the study is:

- i. To determine the effect of control environment on the financial performance of banks in Ghana.
- ii. To determine the effect of monitoring on financial performance of banks in Ghana
- iii. To ascertain the effect of internal control environment and monitoring on the performance of banks in Ghana.

Research questions

The research is guided by the following research question which are;

- i. To what extent does control environment affect the financial performance of banks in Ghana?

- ii. To what extent does internal control environment and monitoring affect the performance of banks in Ghana?
- iii. What is the degree of influence of internal control environment and monitoring activities on the performance of banks in Ghana?

Theoretical Review

The control environment, as established by the organization's administration, sets the tone of an Institution and affects the control consciousness of its people. Management attitude should be committed to ethical business practices and to following the established control procedures. This is the foundation for all other components of internal control, providing discipline and structure. Control environment factors include: Integrity and ethical values; the commitment to competence; leadership philosophy and operating style; and the way management assigns authority and responsibility, and organizes and develops its people (Thornton, 2004).

COSO (2013) indicated that control environment creates a frame of mind within which an ICS can function at all levels in the institution. The control environment is one of the five components of the COSO framework and it is composed of the following five principles; Integrity and ethical values, Board of director's independency from management and oversight of internal controls, Organization structure, Attracting, develop, and retain quality employees, Management's control philosophy and risk appetite COSO (2013).

Agency Theory

This theory has its origin in the principles of the Modern Corporation. It is based on the idea that players in a firm can be categorized into two groups: the principals who are the owners of the firm and the agents who manage the firm (Jensen & Meckling, 1976; Eisenhardt, 1998). The agency theory explains that a principal-agent relationship leads to conflict which can then result in extra costs associated with resolving the conflict between principals and agents (Jensen & Meckling, 1976; Eisenhardt, 1998). It has been argued that agency theory has been the most dominant issue in corporate governance and principal-agent theory is generally considered the starting point of this debate. Agency theory hypothesizes that in the modern corporation, in which share ownership is widely held, managerial actions depart from those required to maximize shareholder returns (Mallin, 2007). This theory is adopted because, from the agency theory perspective, non-executive directors and independent directors contribute to effective corporate governance by exercising control over senior managers' decision-making. After all, they are seen as the check and balance mechanism to enhance the board's effectiveness.

Stewardship theory

The stewardship theory of corporate governance holds that, because people can be trusted to act in the public good in general and in the interests of their shareholders in particular, it makes sense to create management and authority structures that, because they provide unified command and facilitate autonomous decision making which enables companies to act quickly and decisively to market opportunities. This approach leads, for instance, to the combination of the roles of CEO and board chairperson and for audit committees to be either non-existent or lightweight. Stewardship theory assumes that managers are honest, and motivated more by intrinsic rewards than extrinsic rewards, and self-motivated to maximize collective interests (Nicholson and Kiel, 2003; Davis-et al., 2003). The stewardship theory is adopted for this study because it strongly argues that managers and boards of directors are good stewards of a firm and they should be given utmost trust.

Institutional Theory

Institutional theory is one of the dominant perspectives within organisations and management theory (Greenwood et al., 2008); it has been widely utilized to assess the practical influence of Corporate Governance codes (Solomon, 2013). Beasley et al. (2009) explain that institutional theory is uniquely positioned to contribute to researchers' knowledge of Corporate Governance (CG) because of the insights it offers into the nature of authority and control structures. For example, Beasley et al. (2009) argue that institutional theory confirms that governance structures are often primarily symbolic/ceremonial; their legitimacy is paramount, but the formal processes are only loosely coupled with true monitoring. This

theory is adopted because there is a consensus among researchers that institutional theory offers a useful lens for investigating the role and activities of Internal Audit, particularly when used in conjunction with agency theory.

Empirical Studies

Ahmed & Ng'anga, (2019) examined the effect of Internal Control Practices and Financial Performance of County Governments in the Coastal Region of Kenya. The study adopted a descriptive research design. The target population of the study was 115 respondents made up of internal audit staff of the county government, the study was carried out using primary data, the data was collected using questionnaires. Analysis of the data was both descriptive and inferential analysis. The study found a positive and significant effect between risk assessment, monitoring, control environment, information and communication on financial performance. The study concluded that the risk identification and mitigation play the most significant role in influencing the financial performance of the County governments. The study recommended that the management of Counties should put in place cost-effective measures for timely risk identification and effective risk mitigation to ensure that their financial performance is not impacted negatively. The study by Ahmed & Ng'anga, (2019) was conducted in the local government which is in a different sector other than the banking sector, the study did not also consider control activities, but considered only four out of the five internal control activities, hence limiting the study from the assessment of control activities which is also a key component of the internal control activities. The study adopted three theories, the Agency theory, attribution theory and procedural justice theory, but failed to examine the stewardship theory, stakeholder theory and institutional theories which presents the need for approaching the study from different theoretical perspectives. The study is further limited as it only focused on county government agencies and did not consider all other institutions in Kenya. Similarly, the study was conducted in Kenya which is an African country but does not fit into the Ghanaian context as the environments are different in terms of rules, regulations and banking laws.

Kinyua, Gakure, Gekara, & Orwa, (2015) examined the Effect of Internal Control Environment on the Financial Performance of Companies Quoted in the Nairobi Securities Exchange(NSE). To realize the objective of this study, the researcher specifically looked at the following objectives: control environment, internal audit, risk management, internal control activities and role of corporate governance controls on the financial performance of quoted companies in Kenya. The study adopted a survey research design. The study population was all 62 companies quoted in NSE. The study used a sample of 38 companies from a target population of 62 companies quoted in NSE. The sample was drawn using a stratified random sampling technique. The study relied on both primary and secondary data. Primary data was collected using structured questionnaires while the secondary data was extracted from audited annual reports, publications and document analysis. Data analysis used both descriptive and inferential statistics. Frequency tables were prepared, averages determined and tests of hypothesis like ANOVA, chi-square, correlation analysis were done. The results and findings concluded that there was a significant association between internal control environment and financial performance and recommends that internal control environment should be enhanced to further improve the financial performance of companies quoted in Nairobi Securities Exchange. The study focused on companies listed on the Kenyan stock exchange without specifically considering the banking sector. The study also used stratified random sampling which is a procedure that allows for some level of bias.

Mbilla, Nyeadi, Gbegble, & Ayimpoya, (2020) assessed the Impact of Monitoring, Information and Communication on Banks Performance in Ghana. The study was quantitative, the sample size was 300 representatives from twelve listed banks. A descriptive study was done and regression analysis was performed on the field data. The study findings indicate that Information and communication have a weak significant effect on financial performance. There was no significant effect between Monitoring and financial performance. The study, therefore, recommends that managers of listed Banks must invest more on information and communication to improve performance. Although the study was done considering banks in Ghana, the study failed to consider all five internal control dimensions, this study only

considered two of the dimensions which are information and communication and monitoring. The study did not consider internal control environment.

Collins, (2014) examined the effect of internal control on the financial performance of microfinance institutions in Kisumu central constituency, Kenya. The specific objectives included; to determine the extent of internal control systems application; to assess the adequacy and effectiveness of the established control activities, and to determine the relationship between the internal control and financial performance of microfinance institutions. The independent variable was internal control (Control Environment, Control Activities and Information and communication) and the dependent variable was financial performance (Liquidity). Descriptive and correlation research design was adopted and a case study was done on the chosen institutions. Convenience sampling technique was used and a total of 7 institutions were chosen from a total population of 18 micro-finance institutions and a total of 35 respondents (five respondents per institution; 2 midlevel managers and 3 staff members) chosen purposively for this study. Questionnaires were used to collect primary data and data collected analyzed using correlation and presented through tables. Findings revealed that there is a positive relationship between internal control. The study recommends that the institutions should tighten controls to tend towards a 100% debt collection. The study further points out that keen attention should be paid to adopt more efficient management information systems. The study was not done in the Ghanaian context, the study further did not consider monitoring activities.

Mire, (2016) assessed the Effects of Internal Control System on the Organizational Performance of Remittance Companies in Mogadishu-Somalia. The study adopted quantitative research with the specific research design being descriptive. The population of the study was the classified remittance companies located in Bakara market, and there were 15 remittance companies in the Bakara market, the employees who worked in 15 remittance companies were 402 employees. The sampling technique used was purposive sampling. Primary data was collected by use of questionnaires which were administered through drop and pick method. Data screening was done to identify any missing data and was further tested for reliability and normality. Data was analyzed using the SPSS version. The study recommended that there is need for the remittance companies in Mogadishu to increase their control environment; risk assessment and control activity as it was founded that these variables positively affects the organizational performance of remittance companies in Mogadishu. The study failed to consider all five internal control variables, the study also used customer satisfaction and employee satisfaction as dependent variables without considering return on assets, the study did not also focus on the banking sector.

Based on the review of literature the following hypotheses are formulated;

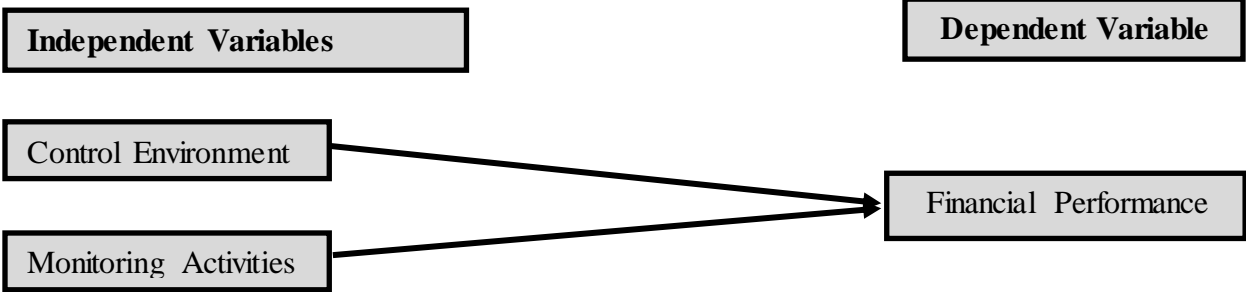
H₀₁: There is no effect of internal control environment on performance banks in Ghana.

H₀₂: There is no effect of monitoring activities on performance of banks in Ghana.

H₀₃: There is no effect of internal control environment and monitoring activities on performance banks in Ghana.

Conceptual Framework

The study is grounded on the Committee of Sponsoring Organizations of Tread Way Commission (COSO) Model introduced by COSO committee in 1992 and modified in 2013. Through a comprehensive review of literature: Mire, (2016); Collins, (2014); Mbilla, Nyedi, Gbegble, & Ayimpoya, (2020); Kinyua, Gakure, Gekara, & Orwa, (2015); Ahmed & Ng'anga, (2019) the study identified five major independent variables; Control Environment (CE), Control Activities (CA), Risk Assessment (RA), Information & communication (IAC) and Monitoring (MO) that may affect Bank's Financial Performance. For the purpose of this study the researchers focus on internal control environment. Conceptual framework of the study is as follows;



2. RESEARCH METHODS

In this present research, a descriptive survey design is used by the researchers to describe the relationship between internal control environment, monitoring activities and financial performance of banks in Ghana, the study adopted a quantitative research approach. This design is also considered as appropriate since it allows the researcher to produce data through the standardized collection procedures based on structured research instrument(s) and well-defined study concepts and variables. The study used a sample of 154. This sample size is considered satisfactory since it is in line with the assertions by Hair, Sarstedt, Ringle, & Mena, (2011) who supported that in conducting a survey study, a sample of 100 is considered enough to generate the statistical strength of the study. Again, the sample size chosen was based on recognized sample sizes required for given population size. The study made use of purposive sampling technique in selecting the banks for the study. The respondents included Managers, Account officers, Auditors and Chief Executive Officers of the respective Banks. The analysis was done using inferential analysis in the form of correlation and regression analysis.

3. RESULTS AND DISCUSSIONS

This section discusses the analysis from the data collected, as follows;

Test of the relationship between variables

To test the significant relationship between the independent variables, a correlation analysis was done. The results of the analysis have been captured and presented in the table below;

Table 1 – Correlations

		Internal Control Environment	Monitoring Activities
Internal Control Environment	Pearson Correlation	1	.519**
	Sig. (2-tailed)		.000
	N	154	154
Monitoring Activities	Pearson Correlation	.519**	1
	Sig. (2-tailed)	.000	
	N	154	154

** . Correlation is significant at the 0.01 level (2-tailed).

The Pearson’s *r* for the correlation between Control environment and Monitoring variable is (0.00, P-value < 0.05) which is close to 1 with a significant value of 0.519 which is less than 0.05. This shows a significant relationship between internal control environment and monitoring activities, meaning that changes in one variable are strongly correlated with changes in the second variable. The findings are in support of the study by Kinyua, Gakure, Gekara, & Orwa, (2015) who examined the Effect of Internal

Control Environment on the Financial Performance of Companies Quoted in the Nairobi Securities Exchange. The results and findings of the study concluded that there was a significant association between internal control environment and financial performance.

Effect of internal control environment on the financial performance of banks in Ghana

In order to test the effect of internal control environment on financial performance, regression was done to ascertain the effect. The regression results from the regression analysis done on the effect of internal control environment is captured below;

Table 2 - Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.109 ^a	.012	.005	2.71931
a. Predictors: (Constant), Internal Control Environment				

From the model summary, it is observed that the independent variable explain 0.012% of the changes or variations in the dependent variable which is performance. By this, it means there are other variables other than the independent variables that account for 1.2% of variations or changes in the financial performance of the banks.

Table 3 - ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	13.624	1	13.624	1.842	.177 ^b
	Residual	1123.986	152	7.395		
	Total	1137.610	153			
a. Dependent Variable: Performance						
b. Predictors: (Constant), Internal Control Environment						

From the ANOVA results, the significance value of 0.177^b which is greater than 0.05, indicates that the model is statistically not significant in predicting how the independent variable studied influenced the financial performance of banks in Ghana.

Table 7 - Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	17.572	1.992		8.820	.000
	Internal Control Environment	.094	.070	.109	1.357	.177
a. Dependent Variable: Performance						

From the above regression model, holding internal control environment constant, the beta coefficient would 17.572. The established regression equation by the study was $Y = 17.572 + 0.094X_1$. Where Y = Financial Performance; X_1 = Internal Control Environment.

As shown in the table above, it is observed that internal control environment has an insignificant effect on financial performance with ($t=0.094$, $p\text{-value} > 0.05$). The study is in contrast with the study done by Kinyua, Gakure, Gekara, & Orwa, (2015) who examined the Effect of Internal Control Environment on

the Financial Performance of Companies Quoted in the Nairobi Securities Exchange The results and findings concluded that there was a significant association between internal control environment and financial performance. Similarly, the study results were in contrast with the findings of Ahmed & Ng'anga, (2019) who examined the effect of Internal Control Practices and Financial Performance of County Governments in the Coastal Region of Kenya and found a positive and significant effect between risk assessment, monitoring, control environment, information and communication on financial performance.

Effect of monitoring activities on the financial performance of banks in Ghana

In other to test the effect internal control environment on financial performance, regression was done to ascertain the effect. The regression results from the regression analysis done on the effect of internal control environment is captured below;

Table 8 - Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.009 ^a	.000	-.007	2.73564

a. Predictors: (Constant), Monitoring Activities

From the model summary, it is observed that the independent variable explain 0.000% of the changes or variations in the dependent variable which is performance. By this, it means there are other variables other than the independent variable that account for 0% of variations or changes in the financial performance of the banks.

Table 9- ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	.084	1	.084	.011	.916 ^b
	Residual	1137.526	152	7.484		
	Total	1137.610	153			

a. Dependent Variable: Performance
b. Predictors: (Constant), Monitoring Activities

From the ANOVA results, the significance value of 0.916^b which is greater than 0.05, indicates that the model is statistically not significant in predicting how the independent variable studied influenced the financial performance of banks in Ghana.

Table 10 - Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	20.051	1.979		10.131	.000
	Monitoring Activities	.006	.056	.009	.106	.916

a. Dependent Variable: Performance

From the above regression model, holding monitoring activities constant, the beta coefficient would 20.051. The established regression equation by the study was $Y = 20.051 + 0.006X_1$. Where Y = Financial Performance; X_1 = Monitoring.

As shown in the table above, it is observed that monitoring has an insignificant effect on financial performance with ($t=0.006$, $p\text{-value} > 0.05$). The study is in contrast with the study done by Kinyua, Gakure, Gekara, & Orwa, (2015) who examined the Effect of Internal Control Environment on the Financial Performance of Companies Quoted in the Nairobi Securities Exchange The results and findings concluded that there was a significant association between internal control environment and financial performance. Similarly, the study results were in contrast with the findings of Ahmed & Ng'anga, (2019) who examined the effect of Internal Control Practices and Financial Performance of County Governments in the Coastal Region of Kenya and found a positive and significant effect between risk assessment, monitoring, control environment, information and communication on financial performance.

Effect of internal control environment and monitoring activities on the financial performance of banks in Ghana

In other to test the effect internal control environment on financial performance, regression was done to ascertain the effect. The regression results from the regression analysis done on the effect of internal control environment is captured below;

Table 11 - Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.123 ^a	.015	.002	2.72391
a. Predictors: (Constant), Internal Control Environment, Monitoring Activities				

From the model summary, it is observed that the independent variables explain 0.000% of the changes or variations in the dependent variable which is performance. By this, it means there are other variables other than the independent variable that account for 0% of variations or changes in the financial performance of the banks.

Table 12 - ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	17.238	2	8.619	1.162	.316 ^b
	Residual	1120.373	151	7.420		
	Total	1137.610	153			
a. Dependent Variable: Performance						
b. Predictors: (Constant), Internal Control Environment, Monitoring Activities						

From the ANOVA results, the significance value of 0.316^b which is greater than 0.05, indicates that the model is statistically not significant in predicting how the independent variables studied influenced the financial performance of banks in Ghana.

Coefficients^a						
Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	18.331	2.272		8.066	.000
	Monitoring Activities	-.045	.065	-.066	-.698	.486
	Internal Control Environment	.124	.082	.144	1.520	.130

a. Dependent Variable: Performance

From the above regression model, holding internal control environment and monitoring constant, the beta coefficient would 18.331. The established regression equation by the study was $Y = 18.331 + -0.045X_1 + 0.124X_2$. Where Y = Financial Performance; X1= Monitoring, X2 = Internal Control Environment

As shown in the table above, it is observed that monitoring activities has an insignificant effect on financial performance with (t=0.485, p-value > 0.05). The study further observed that internal control environment has an insignificant effect on financial performance. The study is in contrast with the study done by Kinyua, Gakure, Gekara, & Orwa, (2015) who examined the Effect of Internal Control Environment on the Financial Performance of Companies Quoted in the Nairobi Securities Exchange. The results and findings concluded that there was a significant association between internal control environment and financial performance. Similarly, the study results were in contrast with the findings of Ahmed & Ng'anga, (2019) who examined the effect of Internal Control Practices and Financial Performance of County Governments in the Coastal Region of Kenya and found a positive and significant effect between risk assessment, monitoring, control environment, information and communication on financial performance. The study is in contrast with the study by Mire (2016) who assessed the Effects of Internal Control System on the Organizational Performance of Remittance Companies in Mogadishu-Somalia. The study found that the variables positively affect the organizational performance of remittance companies in Mogadishu.

4. CONCLUSIONS

The aim of the study was to establish the effect of internal control environment and monitoring on the performance of banks in Ghana, the study results suggest there is an insignificant effect of internal control environment and monitoring on the performance of banks in Ghana, hence the study concludes that internal control environment and monitoring activities does not play a significant role in the management of financial performance in banks, hence there is the need to pay more attention to the activities that make up the internal control environment and monitoring activities and ensure that all activities are well developed, well-structured and are in line with the reason for which they were established. The study further concludes that control environment and control activities need to be improved to ensure the system is fully safeguarded, the study further concludes that monitoring activities needs to be reviewed and strengthened to ensure they perform the task for which they were established. It is also concluded that there are other factors other than internal audit practices that affect the performance of banks in Ghana.

The study recommends that the management of banks should strengthen the control environment, by enhancing the policies and procedures adopted by the banks in safeguarding assets and properties, there is the need to continuously review the existing policies, procedures and activities performed to ensure that they have not outlived their usefulness in the wake of changing competitions and advancement in technology and management orientation. The banks should strengthen their monitoring activities, there should be regular review of the monitoring activities to ensure that all activities are in order and perform the relevant activities they are designed to perform. The banks should appraise continuously the internal control environment to ensure that the activities are up to date and up to the task they are designed to perform. The study is not without limitations, the study focused on five banks; it is recommended that

future studies consider expanding the scope to include the entire banking sector. The study further did not consider all internal control variables; there is the need for future studies to consider expanding the scope to include all control variables.

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